

PARENT PRESS

FAMILIES, SCHOOLS & COMMUNITY PARTNERING TOGETHER FOR CHILDREN'S SUCCESS

Parent Resource Highlight:

Parenting Awareness Michigan (PAM) promotes parenting awareness, education, and resources to parents and caregivers. March is Parenting Awareness Month! Some elements of effective parenting are:

- showing children love, concern and respect at all times
- spending time with children
- setting an example of what to say and do
- having reasonable rules understood by all

www.preventionnetwork.org/parenting-awareness.aspx

A NEW PAGE HAS BEEN ADDED TO THE PARENTS.GRPS.ORG WEBSITE FOR PARENT NEWS.

From here you will be able to view current and previous issues of Parent Press and our new parent engagement blog. We are able to update this regularly so any news that we want to share between newsletters will be displayed here.

ATTENDANCE CHALLENGE!

Is your school in friendly competition with another school over attendance numbers? We would love to add some incentives to such attendance efforts. Let us know which school you are competing against and we will join the fun!

March's theme is: Staying safe and healthy

"Your child's success in school isn't just about growing in knowledge; it's also about learning to live a healthy life." You can help your child develop healthy habits with these basic tips:

- Talk with your child about health and wellness
- Limit use of electronics and encourage physical activity
- Eat healthy meals with your child
- Address Issues of drugs, alcohol, sex and violence

For more detailed information on these methods, visit the Parent Manual.

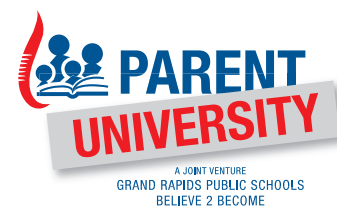
(Excerpt from page 34 of the Parent Manual. Available at parents.grps.org)



Parent University Class Highlight: 3 Critical Possessions for Success!

This is an interactive workshop to help young people understand that the three most valuable things they own are their attitude, their time, and their word. Middle school and high school participants and their parents will learn how to achieve their goals and maximize their success by utilizing these 3 possessions. One parent said of the workshop, "I felt that it reminded me how powerful I am and of the abilities I possess to be successful. It was relevant to myself and my student."

Check parents.grps.org courses to see where this course is being presented this spring or call the Parent Engagement Office at 819-1977.



ATTENDANCE CHALLENGE - STRIVE FOR LESS THAN FIVE

Health concerns are among the leading reasons students miss school in the early grades. By recognizing the importance of good health, your child will develop good habits for taking care of his body and avoiding illness.

- Frequent hand washing
- Eating healthy, balanced meals
- Getting enough sleep



PARENT PRESS

PARENT ENGAGEMENT OFFICE ON FACEBOOK - #GRPSparentengagement

The office of Parent Engagement has joined social media! "Like us" on Facebook at www.facebook.com/GRSParents for information about events, incentives, and Parent University. If there is something your school or parents would find especially useful that we could be sharing on through Facebook be sure to call the office (819-1977) to let us know and we'll add it to our social media updates.

PTCC REMINDER:

By going to conferences and reporting your experience, you can earn credit toward your Power Parent status. Log in on our website (parents.grps.org) and document your conference information for credit.

MARK YOUR CALENDAR!

March 19

PAL Meeting
 9:00-11:00am or 5:30-7:30pm

April 3-10

Spring vacation

Questions? Contact Us:

PAL OFFICE

Edna Stewart 819-3673 | Nicki Tardy 819-2157

PARENT ENGAGEMENT OFFICE

Emmanuel Armstrong 819-2036
 Jan Wilkins 819-1977

COMMUNITY AND STUDENT AFFAIRS OFFICE

Mel Atkins & Esmeralda Garcia 819-2125

PARENT LEADERSHIP 101 IS PART OF THE POWER PARENT TRACK

This workshop focuses on the development of parent leaders to impact achievement. It covers multiple topics including understanding district data and common core standards, how to ask the right questions of your school and district, reaching and motivating other parents, impacting student achievement and effecting positive change and climate. Fifteen parent representatives from 7 schools attended the Parent Leadership 101 session in February. These parents reported, "I feel encouraged like I have some food tools to take back to my school and move forward," and "every parents has something to give... we learned from each other."



Check out our website for the next Parent Leadership 101 session and get registered.

PARENT TEACHER COMMUNITY COUNCIL - PTCC

Parent Teacher conferences are not the only time when parents can communicate with parents. If parents have a question about a project, homework assignment, classroom expectation or school procedures feel free to contact your child's teacher. Every teacher has a school email and phone number that you can get from the office. Teachers want the best for your child too and when parents and teachers work together and communicate regularly the child benefits.



KUDOS KORNER

KUDOS to Alger Middle who graduated 18 students from their Earn a Bike class. Each student attended 20 hours of class where they learned all about bike repairs and maintenance. At graduation each student received a bike with helmet, light, and lock. These students can be seen riding their bikes to school every day.

KUDOS to Burton Middle who are offering a series of parent meetings around health issues. Everyone can use information on how to keep your body healthy. Speakers talk about diabetes, asthma, immunizations, blood borne pathogens, and much more.

KUDOS to LINC and KSSN for helping parents show love and encouragement to their children by completing a #lovepotential kit and posting their picture of their child and valentine on Facebook.

KUDOS to parents at Cesar Chavez who met with the Grand Rapids Housing Commission to give their input on the revitalization of downtown Grand Rapids and the Grand River. Parents becoming community leaders!

